Pet-to-Human Weight Equivalent Chart

Golden Retriever - Female

Dog's Weight (lbs)	Equivalent Percentage Adult Overweight Female	Weight 5'4"	Equivalent Pounds Overweight - Adult Female	BMI for 5'4" Equivalent Adult Weight 5'9" Female Adult Male	Equivalent Pounds Overweight - Adult Male	BMI for 5'9" Adult Male
55	0%	108	0	18.5 125	0	18.5
65	0%	145	0	24.9 169	0	25.0
72	11%	161	16	27.6 187	18	27.6
74	14%	165	20	28.3 192	23	28.4
76	17%	170	25	29.1 198	29	29.2
78	20%	174	29	29.9 203	34	29.9
80	23%	178	33	30.6 208	39	30.7
82	26%	183	38	31.4 213	44	31.5
84	29%	187	42	32.2 218	49	32.2
86	32%	192	47	32.9 224	55	33.0
88	35%	196	51	33.7 229	60	33.8
90	38%	201	56	34.5 234	65	34.6
92	42%	205	60	35.2 239	70	35.3
94	45%	210	65	36.0 244	75	36.1
96	48%	214	69	36.8 250	81	36.9
98	51%	219	74	37.5 255	86	37.6
100	54%	223	78	38.3 260	91	38.4
105	62%	234	89	40.2 273	104	40.3
110	69%	245	100	42.1 286	117	42.2
115	77%	257	112	44.0 299	130	44.1
120	85%	268	123	45.9 312	143	46.1
130	100%	290	145	49.8 338	169	49.9
140	115%	312	167	53.6 364	195	53.7

Note: For comparative purposes only. Your pet's actual body condition should be determined by your veterinarian. Not intended to be used as a substitute for BCS or medical evaluation.