

Pet-to-Human Weight Equivalent Chart



Shih tzu

Dog's Weight (lbs)	Percentage Overweight	Equivalent Weight 5'4" Adult Female	Equivalent Pounds Overweight - Adult Female	BMI for 5'4" Adult Female	Equivalent Weight 5'9" Adult Male	Equivalent Pounds Overweight - Adult Male	BMI for 5'9" Adult Male
9	0%	108	0	18.5	125	0	18.5
16	0%	145	0	24.9	169	0	25.0
17	6%	154	9	26.4	180	11	26.5
18	13%	163	18	28.0	190	21	28.1
19	19%	172	27	29.6	201	32	29.6
20	25%	181	36	31.1	211	42	31.2
21	31%	190	45	32.7	222	53	32.8
22	38%	199	54	34.2	232	63	34.3
23	44%	208	63	35.8	243	74	35.9
24	50%	218	73	37.3	254	85	37.4
25	56%	227	82	38.9	264	95	39.0
26	63%	236	91	40.4	275	106	40.6
27	69%	245	100	42.0	285	116	42.1
29	81%	263	118	45.1	306	137	45.2
31	94%	281	136	48.2	327	158	48.3

Note: For comparative purposes only. Your pet's actual body condition should be determined by your veterinarian. Not intended to be used as a substitute for BCS or medical evaluation.