

Pet-to-Human Weight Equivalent Chart

Labrador retriever – Female

Dog's Weight (lbs)	Percentage Overweight	Equivalent Weight 5'4" Adult Female	Equivalent Pounds Overweight - Adult Female	BMI for 5'4" Adult Female	Equivalent Weight 5'9" Adult Male	Equivalent Pounds Overweight - Adult Male	BMI for 5'9" Adult Male
55	0%	108	0	18.5	125	0	18.5
70	0%	145	0	24.9	169	0	25.0
72	3%	149	4	25.6	174	5	25.7
74	6%	153	8	26.3	179	10	26.4
76	9%	157	12	27.0	183	14	27.1
78	11%	162	17	27.7	188	19	27.8
80	14%	166	21	28.4	193	24	28.5
82	17%	170	25	29.2	198	29	29.2
84	20%	174	29	29.9	203	34	29.9
86	23%	178	33	30.6	208	39	30.7
88	26%	182	37	31.3	212	43	31.4
90	29%	186	41	32.0	217	48	32.1
92	31%	191	46	32.7	222	53	32.8
94	34%	195	50	33.4	227	58	33.5
96	37%	199	54	34.1	232	63	34.2
98	40%	203	58	34.8	237	68	34.9
100	43%	207	62	35.6	241	72	35.6
105	50%	218	73	37.3	254	85	37.4
110	57%	228	83	39.1	266	97	39.2
115	64%	238	93	40.9	278	109	41.0
120	71%	249	104	42.7	290	121	42.8
130	86%	269	124	46.2	314	145	46.3
140	100%	290	145	49.8	338	169	49.9

