

Pet-to-Human Weight Equivalent Chart

Labrador retriever – Male

Dog's Weight (lbs)	Percentage Overweight	Equivalent Weight 5'4" Adult Female	Equivalent Pounds Overweight - Adult Female	BMI for 5'4" Adult Female	Equivalent Weight 5'9" Adult Male	Equivalent Pounds Overweight - Adult Male	BMI for 5'9" Adult Male
65	0%	108	0	18.5	125	0	18.5
80	0%	145	0	24.9	169	0	25.0
82	3%	149	4	25.5	173	4	25.6
84	5%	152	7	26.1	177	8	26.2
86	8%	156	11	26.8	182	13	26.8
88	10%	160	15	27.4	186	17	27.4
90	13%	163	18	28.0	190	21	28.1
92	15%	167	22	28.6	194	25	28.7
94	18%	170	25	29.2	199	30	29.3
96	20%	174	29	29.9	203	34	29.9
98	23%	178	33	30.5	207	38	30.6
100	25%	181	36	31.1	211	42	31.2
102	28%	185	40	31.7	215	46	31.8
104	30%	189	44	32.4	220	51	32.4
106	33%	192	47	33.0	224	55	33.1
108	35%	196	51	33.6	228	59	33.7
110	38%	199	54	34.2	232	63	34.3
112	40%	203	58	34.8	237	68	34.9
114	43%	207	62	35.5	241	72	35.6
116	45%	210	65	36.1	245	76	36.2
118	48%	214	69	36.7	249	80	36.8
120	50%	218	73	37.3	254	85	37.4
130	63%	236	91	40.4	275	106	40.6
140	75%	254	109	43.6	296	127	43.7
150	88%	272	127	46.7	317	148	46.8

